

## Harrison Hot Springs

Written by  
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Earlier in June when we first arrived in Mission, we looked after Makai for a weekend so Karley and Ian could have a getaway to Harrison Hot Springs. They had a fabulous weekend and came back raving about how beautiful the area was, encouraging us to go there sometime too. Today Jay came out to Mission to spend some time with us, Ian, Karley and Makai and it seemed like a good time for all of us to venture to Harrison Hot Springs. Karley, Ian, Makai and Jay drove there in their car while Rick and I rode the motorcycle along the scenic 55+kms. The weather today was hot, over 33C (91.4F), so an air-conditioned vehicle or an open-air motorcycle was really the only way to go.

Once we arrived, we made our way to a sushi restaurant for lunch; the food was okay and the service, so-so, (we've had better) but it did the job and we headed to the beach with full stomachs. The scenery at Harrison Hot Springs is spectacular; overlooking [Harrison Lake](#), the largest body of fresh water in British Columbia. The lake itself is very cold; however there is a lagoon-like area which is very popular for swimming especially on hot days like today. Jay and I went for a walk and viewed the sand sculptures, completed in May as part of the Vancouver Sun Tournament of Sand Sculpture Champions on display until October. It was pretty amazing what people can do with sand and water!

Makai enjoyed the water despite the fact that he had only a 40 minute nap on the drive to Harrison Lake and the little guy maintained his happy disposition for the duration of our day. We expected the drive home to lull him to sleep but it was not to be and he cheerfully lasted until 8:00 PM, pretty impressive for someone who is used to a 2 - 3 hour nap daily! We all had a great time today; it was really nice to spend a day together enjoying some of the beauty in British Columbia on a gorgeous holiday weekend.