

While Southern Alberta and the interior of BC is experiencing some hot, dry weather, the coast has been enduring rain and cooler weather once again. The forecast appears to be improving though as the week progresses, which for us is good timing as we are planning to be back there by week's end.

Today we headed west through Banff National Park, then south through Kootenay National Park to the Columbia Valley and Radium Hot Springs. Our drive was beautiful and the Rockies continue to be stunning and never tiresome. It's funny how flatland can become so boring and monotonous yet mountains never fail to leave us in awe, uttering ooh and ahhh as we round each curve in the road! Both the TransCanada (Highway 1) and Highway 93 run beside rivers flowing with colourful glacial waters and I wonder for how much longer as the glaciers shrink to nothing!

As we neared Radium Hot Springs the mountain roads became steeper and as we entered the village there were some interesting curves coupled with even steeper declines; making for an interesting drive. We are staying at the Radium Valley Vacation Resort, an RPI affiliated park so our cost here is once again, minimal. We explored the immediate area briefly looking for groceries and then headed 15 minutes down the road to Invermere on the Lake. There is a lot more happening there and they have at least two grocery stores so we picked up some fixings for salad and headed back to the Moho. We'll do more exploring tomorrow when it is forecasted to be cooler, 26°C (79°F) instead of being hot and uncomfortable in today's high of 33°C (91°F).

## On to Radium Hot Springs, BC

Written by Susan Hollingshead Sunday, 22 July 2007 21:02

According to one publication we read, Radium Hot Springs is considered to be the Big Horn Sheep capital of North America and today they didn't disappoint us. As we were nearing the area, these two youngsters were lollygagging around beside the highway, oblivious to the commotion they were causing. (I also added other pictures to Flickr.)