

## A Day On My Own

Written by

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Today, Rick was busy helping one of our neighbours so I planned on using my alone time to do some cleaning, reading and grocery shopping. I even entertained the thought of writing some more of my "short story" if I had time when everything else had been accomplished. (Well my intentions were good if nothing else!)

I half-heartedly did the cleaning and a couple of loads of laundry and then I went into Campbell River for some groceries. We are still enjoying magnificent weather here and the drive to town was as scenic as ever. I did my obligatory shopping and then decided to explore a little. I went to Steiner's Bakery, a place recommended by one of our neighbours and after eyeing the display cases and smelling the delicious aroma of fresh baking, I understood why. I left there with some wonderful whole-wheat, cheese sticks, some whole-grain hamburger buns and two feta-spinach croissants. (I used all the will power I could muster to NOT buy some real cream horns or any chocolate éclairs.) Then I went to Katie's Rice Box, another place that I had heard of that sells fresh made sushi and Asian foods. Though I didn't buy anything then, I did leave there with a take-out menu in hand and the knowledge that I would return.

I headed back home, content with my purchases and new discoveries and hoped that I would still have time to read a little. My day alone had been a good one, though I didn't do any writing and it went by way too fast. I prepared our dinner and while I waited for Rick's return I enjoyed sitting outside reading a couple of chapters of my latest book.